



The wartime memoirs of Canada's most highly decorated submariner

When 18-year-old Fred Sherwood joined the Royal Canadian Naval Volunteer Reserve in 1933 as a midshipman, he was looking for adventure. By the time he was demobilised in 1946, he had served in the Royal Navy's submarine service for five years, commanded two "boats," faced death on numerous occasions, seen the world, and experienced more adventure than he could ever have dreamed of. This is his story.

It's Not the Ships . . . is a "compelling, technically precise, honest, humble, personable, and in many places humorous" memoir. Drawing heavily on correspondence of the era and patrol and log reports, Sherwood takes readers aboard the submarines of a nation fighting for its survival in a conflict where up to half of his colleagues did not return from patrol.

" . . . A young man's adventure story in the midst of war, a romance with submarines and his future wife, a sometimes amusing tale, and, best of all, a page-turner. Highly, highly recommended for all who read naval history."

~ JULIE H. FERGUSON,
author of *Through a Canadian Periscope*
and *Deeply Canadian*

"An invaluable contribution to the history of the RCN / RCNVR in WWII. I enjoyed it thoroughly."

~ CAPTAIN WILF LUND RCN (RET'D),
Naval Historian and former Submarine Commander

"Superb! A most enjoyable read, and refreshingly accurate as to all aspects of naval life in the United Kingdom during World War II."

~ CAPTAIN NORMAN JOLIN RCN (RET'D)

"This account of undersea warfare adds significantly to our knowledge of the Canadian naval heritage and takes a distinguished place among the published recollections of submariners. It deserves the attention of academics, sailors, and the reading public."

~ COMMANDER ALEC DOUGLAS RCN (RET'D)

"Fred Sherwood is a Canadian of whom we can all be proud."

~ COMMODORE LARRY HICKEY RCN (RET'D)

BOOK INFORMATION

Publication Date and Publisher: August 2014, lifewriters.ca
 Author: Frederick H. Sherwood, Lt Cdr RCNVR (Ret'd), DSC & Bar, with Philip Sherwood.
 Foreword by Commodore Larry Hickey, RCN (Ret'd)
 Memoir
 ISBN: 978-0-9937900-0-3
 Format: Casebound, 8 x 10 landscape, index. 75 illustrations
 Pages: 156
 List price: \$20.00

FOR MORE INFORMATION AND TO ORDER

Visit: www.its-not-the-ships.com
 Tel. 604.864.9152 (Pacific Time)
 Email: info@lifewriters.ca